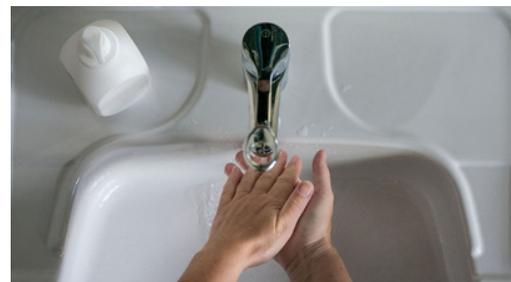




Task 1: Infection control in kindergartens, schools or care facility

You work in a kindergarten, school or care facility. What risks are there related to infection, and how can you protect yourself, the children or the users?

- Write 150–300 words.
- Use at least 10 keywords from the list below.
- Use the KLAR app and sentence starters if needed.



Keywords:	Sentence starters:
<ul style="list-style-type: none">• Airborne and droplet infection (luft- og dråpesmitte)• Fecal-oral transmission (munn-tarm-smitte)• Food and waterborne infection (mat- og vannsmitte)• Bloodborne and tissue infection (blod- og vevssmitte)• Mother-to-child transmission (mor-barn-smitte)• Hand hygiene (håndhygiene)• Chain of infection (smittekjeden)• Infection control (smittevern)• Prevention (forebygging)• Immune system (immunforsvar)	<ol style="list-style-type: none">1. It can be dangerous when I...2. To avoid infection, it is important to...3. I can protect myself by...4. It is important to remember that...

Task 2: Preventing strain and accidents

You work in a kindergarten, school or institution. How can you avoid physical and mental strain, and what can you do to work safely?

- Write 150–300 words.
- Use at least 10 keywords from the list below.
- Use the KLAR app and sentence starters if needed.

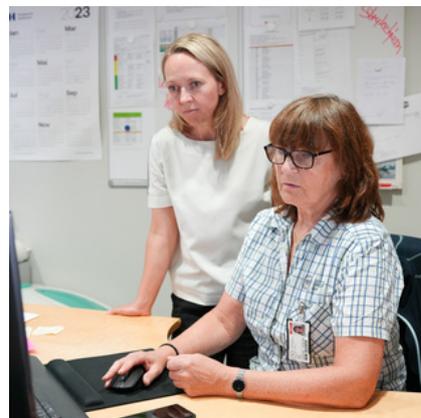


Keywords:	Sentence starters:
<ul style="list-style-type: none">• Strain (belastning)• Harmful effect (skadevirkning)• Risk (risiko)• Safety (sikkerhet)• Rule (regel)• Environment (miljø)• Well-being (trivsel)• Prevention (forebygging)• Violence (vold)• Bullying (mobbing)	<ol style="list-style-type: none">1. To avoid injuries, I must...2. It can be hard on my body if...3. I must follow the rules because...4. A good work environment also means that...

Task 3: Handling deviations and dangerous situations

You work in the health and care sector. How can you handle deviations and situations where something goes wrong?

- Write 150–300 words.
- Use at least 10 keywords from the list below.
- Use the KLAR app and sentence starters if needed.



Keywords:	Sentence starters:
<ul style="list-style-type: none">• Deviation (avvik)• Risk (risiko)• Rule (regel)• Harmful effect (skadevirkning)• Safety (sikkerhet)• Reporting (varsling)• Document (dokumentere)• Safety representative (verneombud)• Union representative (tillitsvalgt)• Protective equipment (verneutstyr)	<ol style="list-style-type: none">1. If I discover a deviation, I must...2. It is important to report because...3. I use protective equipment when...4. To ensure a safe workplace, we must...